

HALYKOO®

NUTRA Happy Travel Lolly

Here's how I can help you!

Children generally tend to be much more affected by motion sickness than adults when travelling, whether it be by car, boat or airplane.

If this happens to your child, they need something to help prevent or at least alleviate these feelings of discomfort and nausea.

I am Halykoo Happy Travel Lolly and that's exactly where I come in. I'm a delicious lollipop made from ginger extract, well known for its anti-nausea and digestive properties.



Before you use me, let me explain what I am made of...

I am a lollipop and I don't contain sugars, made with organic lemon juice and ginger extract.

And it's this last ingredient that's my small but best-kept secret.

It works effectively thanks to its rhizome, which is rich in gingerol, a substance which gives it its distinctive flavour as well as its digestive properties.

Speaking of ginger... did you know that there's evidence that it has been used for a very long time? Even Confucius praised its astounding natural anti-nausea capabilities in his books of traditional Chinese medicine.

And as if that wasn't enough, I even taste delicious, thanks to my cola flavour which the little ones love so much.



Here's how to get the best out of me!

For best results, give one of me to your child 10 minutes before leaving home, so I can get to work right from the start of your trip. How many lollipops should you give him? One every 3 hours, and no more than 3 in one day.



...lastly, just a few things to be aware of...!

Don't use me if your child is younger than 3 years of age.

I do not contain sugars, synthetic colouring or gluten. Furthermore, I'm naturally lactose free. I do contain sweeteners.

Food supplements like me are not a substitute for a varied balanced diet and a healthy lifestyle.

Please keep this illustrated leaflet for future reference.

...the best place to store me...

Store me in a cool, dry place, away from light, heat, direct sunlight and children under the age of 3. Avoid all contact with water.

And when you go out, take me with you in your handbag, in the car, anywhere - just make sure I'm there when you need me.

...what you should check before using me!

My best before end date is only valid as long as I've been stored correctly in my original packaging. Don't use me after my best before end or if my packaging is damaged.

NUTRITIONAL INFORMATION

Average contents	Per maximum daily dose (3 lollipops)	Per lollipop
Ginger essential oil	13,38 mg	4,46 mg
Sugars	0 g	0 g

INGREDIENTS: SWEETENERS: ISOMALT, SUCRALOSE; GINGER ESSENTIAL OIL (ZINGIBER OFFICINALE, RHIZOMA); COLOURING FOOD (CONCENTRATE OF APPLE, CARROT, HIBISCUS, MOLASSES); ORGANIC LEMON JUICE; FLAVOURING.

Food supplement with sweeteners.

www.halykoo.com

NO SUGARS
NO SYNTHETIC COLOURING
NATURALLY LACTOSE FREE
NO GLUTEN

POWERED BY
SAPLAB
NATURALS
SWITZERLAND

3+
years

Solutions designed specifically to share the journey with you and your child through each stage of his or her development. Because the best way to help them thrive is to keep it simple, use common sense, and also take a few precautions.

Looking after children isn't just about nursing them. It also means understanding their needs, listening to what's important to their parents, and following the advice of paediatricians, as well as providing solutions that put their well-being and their parents' peace of mind first. It means researching a myriad of ingredients to find the ones that are best-suited to their health needs and to ensure that treatment is a pleasant experience for them. It also means choosing solutions that are specifically designed for each phase of their development. Because seeing smiles on the faces of children, and on those of the people who care for them as they grow, are the best possible reward for Halykoo.



0+
months



6+
months



2+
years



5+
years

DERMA

Skin is our first point of contact with the world around us. In the first 12-14 months of your child's life, their skin is about half the thickness of yours, so great care needs to be taken to protect it. Halykoo's Derma line is the first range of products designed to care effectively for all the needs of your child's skin. Redness, inflammation, chapping, insect bites, and small injuries can be causes of concern on a daily basis, and Halykoo Derma has the answer to all of them.

SENSIA

Drinking from a used glass, rubbing dirty hands in their eyes or putting a leaf from the park in their mouth: these are just a few of the things that children do without giving it a moment's thought. A child's immune system is still developing, so the result can be a mouth or eye infection. Whether it's mouth ulcers, oral thrush or conjunctivitis, Halykoo's Sensia range of specifically designed products has the solution.

AERA

There are a variety of viruses that can cause the common cold. And wind, cold weather or badly-ventilated and over-heated rooms can irritate the throat. And as the nose and mouth can't be covered up, they're always vulnerable to external threats. Halykoo's Aera range of products have been specifically created to deal with the effects of respiratory infections, helping to fight off sore throats, coughs, cold and fever.

NUTRA

School, sports, extra-curricular activities - children have increasingly busy days, and the change of seasons can also mean tiredness and loss of appetite. Children are also susceptible to stomach flu caused by viruses, bacteria and parasites. Halykoo's Nutra food supplements, including probiotic products, can help your child make the most of their energy, and ensure that the intestinal flora in their stomach is restored.

NUTRA

Food supplements

Food supplements have become part of our daily lives, and of our children's too. But do we really know what they are? Let's take a better look at them!

As the name implies, food supplements are products intended to supplement a normal diet.

They provide a concentrated supply of nutritional substances such as vitamins and minerals, or substances that act on the human body. We're talking about amino acids, essential fatty acids or vegetable fibre and extracts, whether they come in single or multiple measured doses.

Their job is to contribute to the organism's well-being, optimizing its nutritional state or supplying it with nutrients or other types of substances, in order to find its natural balance.

Motion sickness

Travelling by car, by boat, by plane (or even by bus!) can be a problem for a lot of children. Motion sickness is a common neurological disorder that often affects little ones right up to when they're 15 to 20 years of age. To understand why it happens, we need to look no further than the excessive stimulation of the minute and delicate areas in the inner ear that are responsible for balance, although visual stimuli, odours or even a stomach upset can also make the condition worse. Once these stimuli have been transmitted to the 'vomiting centre' of the medulla oblongata, they create a general feeling of discomfort, which is accompanied by paleness, cold sweats, yawning and an increase in saliva production. This induces a wave of nausea which can trigger episodes of vomiting - this normally stops once the trip is over.

A few tips to prevent motion sickness

A few simple tips can help to ensure happy travels with your child.

Firstly, give them a light meal before you leave home, focusing on solid low-fat food, and avoid fizzy drinks, milk and fruit juice. Remember to take some little snacks along so they don't end up with an empty tummy.

When you're ready to go, seat your child in the most stable part of the car, and make sure he looks forwards and doesn't move his head around too much.

Distract him during the journey by talking to him and playing games, but make sure he doesn't focus too much on them rather than on the road ahead, as it can bring on nausea. Make sure the car's well ventilated and take a rest stop every now and then, especially if it's a long journey.

