

HALYKOO®

AERA

Fluidy Pop for cough with vitamin C

Here's how I can help you!

As a parent, a quick look is all it takes to know that your child is unwell. A runny nose, croaky voice and cough are all symptoms that indicate a problem affecting the upper airways. Don't worry, that's where I come in! I am Halykoo Fluidy Pop for Cough with vitamin C, a lollipop especially formulated for wet cough.



POWERED BY
APRLAB
APPLIED PHARMA RESEARCH
SWITZERLAND

3+
years

Before you use me, let me explain what I'm made of...



My strength comes from 3 plant extracts: elder, mallow and plantain. Organic elder, thanks to its antioxidant properties, helps to protect the mucous membranes in the mouth and throat. Mallow and plantain, thanks to their hygroscopic properties and by providing a mucoadhesive barrier on the upper airways mucosa, promote mucus hydration, help to loosen it and cough it up. And, if that's not enough, my strawberry flavour makes me really tasty!

...the best place to store me...

Store me between 8°C and 30°C in a cool, dry place, away from light, heat and sunlight. Please keep me far away from food, beverages,... and curious children!



...what you should check before using me!

My use-by date is only valid if I've been stored correctly and my original packaging is intact. Do not use me after my use-by date or if my box or my pack are damaged.

Before using me, please read this leaflet carefully and keep it for future reference.

Here's how to get the best out of me!

You can use me whenever your child has frequent coughing fits, up to a maximum of 3 lollipops per day, leaving at least 3 hours between 1 lollipop and the next.

...lastly, just a few things to be aware of...!

Make sure I am only administered orally, under your supervision. I am a lollipop: do not use me if your child is under 3 years, as I can be accidentally inhaled. Once opened, use me immediately. Remember that I should only be given to one child at a time, in order to prevent cross-contamination. Before using me in concomitance with other drugs, cosmetics or medical devices, always consult your doctor. Please do not use me in the event of known or suspected hypersensitivity to any of my components. Do not use me for prolonged periods. I have not been tested for this type of use. Never exceed the recommended dose. Consuming more than the suggested amount can cause diarrhea or gastric distress. Make sure to use me according to the instructions hereof. This reduces the risk of side effects. In the event of irritation, hypersensitivity or any side effect, avoid further use and consult your doctor. I only contain what is necessary for your child's well-being: no sugar, preservatives, lactose, gluten or synthetic colourings. I do, however, contain sweetener.



My formula has been developed carefully to reduce the risk of allergic reactions! Cough may have different causes that could request your doctor consultation. Halykoo Fluidy Pop for Cough with vitamin C does not treat cough causes. If your child symptoms worsen within 2 or 3 days, do not improve or new symptoms appear, please consult your doctor.

COMPOSITION: ISOMALT, PLANTAGO LANCEOLATA EXTRACT, CITRIC ACID, XYLITOL, GLYCERIN, NATURAL AROMA, SAMBUCUS NIGRA EXTRACT, PECTIN, ASCORBIC ACID, MALVA SYLVESTRIS EXTRACT, MALTODEXTRIN, SILICA (E551), SUCRALOSE.

Please keep this illustrated leaflet for future reference. Date of revision: 04/2016.

www.halykoo.com





Research with babies in mind.

Solutions designed specifically to share the journey with you and your child through each stage of his or her development. Because the best way to help them thrive is to keep it simple, use common sense, and also take a few precautions.

Looking after children isn't just about nursing them. It also means understanding their needs, listening to what's important to their parents, and following the advice of paediatricians, as well as providing solutions that put their well-being and their parents' peace of mind first. It means researching a myriad of ingredients to find the ones that are best-suited to their health needs and to ensure that treatment is a pleasant experience for them. It also means choosing solutions that are specifically designed for each phase of their development. Because seeing smiles on the faces of children, and on those of the people who care for them as they grow, are the best possible reward for Halykoo.



DERMA

Skin is our first point of contact with the world around us. In the first 12-14 months of your child's life, their skin is about half the thickness of yours, so great care needs to be taken to protect it. Halykoo's Derma line is the first range of products designed to care effectively for all the needs of your child's skin. Redness, inflammation, chapping, insect bites, and small injuries can be causes of concern on a daily basis, and Halykoo Derma has the answer to all of them.

SENSIA

Drinking from a used glass, rubbing dirty hands in their eyes or putting a leaf from the park in their mouth: these are just a few of the things that children do without giving it a moment's thought. A child's immune system is still developing, so the result can be a mouth or eye infection. Whether it's mouth ulcers, oral thrush or conjunctivitis, Halykoo's Sensia range of specifically designed products has the solution.

AERA

There are a variety of viruses that can cause the common cold. And wind, cold weather or badly-ventilated and overheated rooms can irritate the throat. And as the nose and mouth can't be covered up, they're always vulnerable to external threats. Halykoo's Aera range of products have been specifically created to deal with the effects of respiratory infections, helping to fight off sore throats, coughs, cold and fever.

NUTRA

School, sports, extra-curricular activities - children are increasingly busy days, and the change of seasons can also mean tiredness and loss of appetite. Children are also susceptible to stomach flu caused by viruses, bacteria and parasites. Halykoo's Nutra food supplements, including probiotic products, can help your child make the most of their energy, and ensure that the intestinal flora in their stomach is restored.



AERA

Do you know which viruses to stay away from?

There are hundreds of viruses that can cause the common cold, and a sharp wind or an overheated, stuffy room can irritate the throat. When we cough or sneeze, we release tiny liquid particles (known as Flüge droplets) into the air around us at speeds of up to 180 kilometres per hour, and anyone within a few feet runs the risk of being infected. Germs can also be spread on your hands - sometimes we might forget to wash them after sneezing or blowing our nose. Occasionally, infections are transferred via the saliva on something a sick child has put in their mouth. If children are well wrapped up, playing outside in the winter doesn't have to mean that they will come down with a sore throat or a cold. Quite the opposite, in fact: fresh air is always good for them.

Let them run their course, if you can!

There is no specific treatment for viruses such as the common cold. Once they have managed to make their way into the body, viruses activate the immune system, which in turn releases a highly targeted attack on the infection. In their early years, a child's defence system is less able to react and their immune response is less efficient because it isn't yet fully developed. Children are born with a 'clean slate' when it comes to their immune system, purely because the antibodies that their bodies are perfectly capable of producing later in life have yet to come to the fore. So, however much of a pain they can be, sore throats and colds help a child's immune defences to develop.

The airways - a playground for viruses



Warm, dark and welcoming, the upper airways are an ideal place for cold viruses to thrive. The nose, the pharynx, the epiglottis and the larynx - these are the first areas they reach, before infiltrating the only entrance into the lower airways and then the alveoli in the lungs. These parts of the body serve various anatomical purposes, such as speech production and the regulation of body heat, but their function is first and foremost a protective one. Eye lashes and nasal hairs stop the larger particles in the air from getting in. Larger quantities of mucus are produced when the upper airways are infected, while dust and microorganisms are expelled immediately. The tonsils also play a very important role in the immune defences of the mucous lining of the oropharynx, which is why it's better to still have them.

When coughing takes over...

Although we often consider it to be the 'enemy', coughing is actually a natural defence mechanism used by the body to rid itself of any irritants that we have come into contact with. Unfortunately, it is also very distressing. It irritates the throat and bronchial tubes, preventing your child from sleeping well at night. You can use a soothing syrup before bedtime, steam inhalation and a diet rich in fluids to provide relief for your child's airways. But don't forget the most important medicine of all: plenty of cuddles from mummy and daddy!

