

HALYKOO®

AERA

Night-time
soothing cough
syrup with
chamomile

Here's how I can help you!

Many different factors can trigger coughing in children and it is always important to consult your doctor to find out the cause. Coughing also tends to increase at night, disturbing your child's sleep. This is precisely why Halykoo Night-Time Soothing Cough Syrup with chamomile has been developed: to calm coughs, protect the throat and soothe the burning sensation. Give your child a good night's sleep!



Before you use me, let me explain what I'm made of...



My secret weapons are mallow and plantain extracts. These 2 components, which are rich in mucilage, help to calm the cough because they create a 'barrier effect' in the upper airways and soothe the burning sensation. Meanwhile, the organic wildflower honey and the chamomile extract help to loosen the mucus. The wildflower honey also gives me my delicious flavour, which means that children will be happy to swallow me!

...the best place to store me...

Store me between 8°C and 30°C in a cool, dry place, away from light, heat and sunlight. Please keep me far away from food and beverages - and curious children!

...what you should check before using me!

My use-by date, which you'll find printed on my box and on each mini-pouch, is only valid as long as I have been stored correctly in my original packaging. Don't use me after the use-by date, if my packaging has been damaged or if any mini-pouches have been opened. Before using me, please read this leaflet carefully and keep it for future reference.



Here's how to get the best out of me!

I'm very easy to use. I come in convenient ready-to-use pre-dosed mini-pouches, making me practical and easy to administer. Open the mini-pouch along the dotted line, remove the sealed part that covers my straw... squeeze and I'm ready for action! Never allow your child to do this himself: make sure to do it 1 hour before bedtime. It's best not to give your child any food or beverage soon after drinking me.

...lastly, just a few things to be aware of...

I'm only suitable for children aged 12 months or over. If your child is between 1 and 3 years of age, please consult your doctor before using me. Make sure I am only administered orally, under your supervision, without exceeding the recommended dose of 2 mini-pouches per night. If the cough returns during the night, you may administer a second mini-pouch, but only after at least 4 hours have passed since giving the first mini-pouch.

Please be aware that I contain small plastic parts, such as my mini straw, which could cause choking.

Each mini-pouch contains a single dose and should only be used for 1 child, in order to prevent cross-contamination.

Once opened, the single dose has to be administered immediately. Avoid contact with the eyes. If this should happen, rinse your child's eye under a tap for a few minutes with plenty of water.

Before using me in concomitance with other drugs, cosmetics or medical devices, always consult your doctor.

Please do not use me in the event of known or suspected hypersensitivity to any of my components. Do not use me for prolonged periods. I have not been tested for this type of use. Make sure to use me according to the instructions hereof.

This reduces the risk of side effects. In the event of irritation, hypersensitivity or any side effect, avoid further use and consult your doctor.



I only contain what is necessary for your child's well-being: no alcohol, flavourings, lactose, gluten, colourings or artificial sweeteners. My formula has been developed carefully to reduce the risk of allergic reactions! Cough may have a variety of causes that could request your doctor consultation. Halykoo Night-Time Soothing Cough Syrup does not treat the causes of cough.

If your child's symptoms worsen, do not improve within 2 or 3 days, or new symptoms appear, please consult your doctor.

COMPOSITION: WATER, FRUCTOSE, HONEY, GLYCERIN, PLANTAGO LANCEOLATA EXTRACT, CITRIC ACID, XANTHAN GUM, MALVA SYLVESTRIS EXTRACT, MATRICARIA CHAMOMILLA EXTRACT, POTASSIUM SORBATE, PECTIN, MALTODEXTRIN, SILICA (E551).

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POWERED BY
APRLAB
APPLIED PHARMA RESEARCH
SWITZERLAND

1+
year



Research with babies in mind.

Solutions designed specifically to share the journey with you and your child through each stage of his or her development. Because the best way to help them thrive is to keep it simple, use common sense, and also take a few precautions.

Looking after children isn't just about nursing them. It also means understanding their needs, listening to what's important to their parents, and following the advice of paediatricians, as well as providing solutions that put their well-being and their parents' peace of mind first. It means researching a myriad of ingredients to find the ones that are best-suited to their health needs and to ensure that treatment is a pleasant experience for them. It also means choosing solutions that are specifically designed for each phase of their development. Because seeing smiles on the faces of children, and on those of the people who care for them as they grow, are the best possible reward for Halykoo.



DERMA

Skin is our first point of contact with the world around us. In the first 12-14 months of your child's life, their skin is about half the thickness of yours, so great care needs to be taken to protect it. Halykoo's Derma line is the first range of products designed to care effectively for all the needs of your child's skin. Redness, inflammation, chapping, insect bites, and small injuries can be causes of concern on a daily basis, and Halykoo Derma has the answer to all of them.

SENSIA

Drinking from a used glass, rubbing dirty hands in their eyes or putting a leaf from the park in their mouth: these are just a few of the things that children do without giving it a moment's thought. A child's immune system is still developing, so the result can be a mouth or eye infection. Whether it's mouth ulcers, oral thrush or conjunctivitis, Halykoo's Sensia range of specifically designed products has the solution.

AERA

There are a variety of viruses that can cause the common cold. And wind, cold weather or badly-ventilated and overheated rooms can irritate the throat. And as the nose and mouth can't be covered up, they're always vulnerable to external threats. Halykoo's Aera range of products have been specifically created to deal with the effects of respiratory infections, helping to fight off sore throats, coughs, cold and fever.

NUTRA

School, sports, extra-curricular activities - children have increasingly busy days, and the change of seasons can also mean tiredness and loss of appetite. Children are also susceptible to stomach flu caused by viruses, bacteria and parasites. Halykoo's Nutra food supplements, including probiotic products, can help your child make the most of their energy, and ensure that the intestinal flora in their stomach is restored.



AERA

Do you know which viruses to stay away from?

There are hundreds of viruses that can cause the common cold, and a sharp wind or an overheated, stuffy room can irritate the throat. When we cough or sneeze, we release tiny liquid particles (known as Flüge droplets) into the air around us at speeds of up to 180 kilometres per hour, and anyone within a few feet runs the risk of being infected. Germs can also be spread on your hands - sometimes we might forget to wash them after sneezing or blowing our nose. Occasionally, infections are transferred via the saliva on something a sick child has put in their mouth. If children are well wrapped up, playing outside in the winter doesn't have to mean that they will come down with a sore throat or a cold. Quite the opposite, in fact: fresh air is always good for them.

Let them run their course, if you can!

There is no specific treatment for viruses such as the common cold. Once they have managed to make their way into the body, viruses activate the immune system, which in turn releases a highly targeted attack on the infection. In their early years, a child's defence system is less able to react and their immune response is less efficient because it isn't yet fully developed. Children are born with a 'clean slate' when it comes to their immune system, purely because the antibodies that their bodies are perfectly capable of producing later in life have yet to come to the fore. So, however much of a pain they can be, sore throats and colds help a child's immune defences to develop.

The airways - a playground for viruses



Warm, dark and welcoming, the upper airways are an ideal place for cold viruses to thrive. The nose, the pharynx, the epiglottis and the larynx - these are the first areas they reach, before infiltrating the only entrance into the lower airways and then the alveoli in the lungs. These parts of the body serve various anatomical purposes, such as speech production and the regulation of body heat, but their function is first and foremost a protective one. Eye lashes and nasal hairs stop the larger particles in the air from getting in. Larger quantities of mucous are produced when the upper airways are infected, while dust and microorganisms are expelled immediately. The tonsils also play a very important role in the immune defences of the mucous lining of the oropharynx, which is why it's better to still have them.

When coughing takes over...

Although we often consider it to be the 'enemy', coughing is actually a natural defence mechanism used by the body to rid itself of any irritants that we have come into contact with. Unfortunately, it is also very distressing. It irritates the throat and bronchial tubes, preventing your child from sleeping well at night. Before bedtime, clean your little one's nose gently whilst keeping his head slightly raised, and give him a soothing cough syrup, steam inhalations and a diet rich in fluids to provide relief for his airways. But don't forget the most important medicine of all: plenty of cuddles from mummy and daddy!

